

Abstract

The thesis entitled “Happiness at Work Index of Personnel of the Office of the Rector Thammasat University” is the descriptive research which aims to study the attitude towards happiness at work and levels of the happiness at work of 142 personnel. The tools applying to this study were percentage, mean and standard deviation. The hypothesis was tested by t-test and F-test with the significant level at 0.05. The results of the study are summarized as below.

Most of the samples were female; their ages were between 35-49, single; they graduated the bachelor level; their incomes ranged between 10,001-20,000 Baht per month; they have private homes. Half were Public Officials Level 3-5 and the rest were University Officers. Their working periods at Rangsit Campus were 3 years or higher. Most of them went to Rangsit Campus by shuttle bus. The attitude of the samples towards the happiness at work and the levels of the happiness at work was at the moderate level. It was found that the most valuable attitude towards the happiness at work was the social relationship in a working unit. The least one was welfare provided by the University. With regard to the happiness at work of the personnel of the Office of the Rector, it was found that 93 % was at the moderate level; 5.6 % was at the high level; and 1.4 % was at the low level. For the hypothesis testing, it was found that people with different ages demonstrated various attitudes towards happiness at work. The samples with ages of 20-34 had higher happiness at work than the samples with ages of 35-49. In addition, there were different levels of the happiness at work in terms of sex; female demonstrated higher levels of happiness at work compared with male.

The recommendation gained from this study is that, proper and sufficient welfares should be provided by emphasizing on participation and opinion expression. Activity promotion to respond to the development of the social relationship within working units and monitoring on personnel transfer and implementation should be in the same direction.