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CHOLCHAI THATSAKULNEE : THE APPLICATION OF LIFE SKILLS WITH
SOCIAL SUPPORT ON METHAMPHETAMINE ABUSE PREVENTION AMONG
TECHNICAL COLLEGE MALE STUDENTS IN EDUCATIONAL REGION 6. THESIS
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At present, the spread of methamphetamine abuse is a very important problem. The spread of abuse among students is especially serious. Technical college students are one of the groups at risk. To prevent this problem, life skills development and social support from guardians are important means of improving methamphetamine abuse prevention behavior.

The main purpose of this quasi-experimental research was to assess the effectiveness of a life skills program with social support from guardians for methamphetamine abuse prevention among male technical college students in Educational Region 6. Life skills concepts proposed by the World Health Organization and modified Kolb's Experimental learning theory and Bandura's social learning theory were applied to develop the program. The life skills curriculum was made of eight lesson plans. The acquisition of life skills is based on learning through active participation. The methods used were group work, brainstorming, group discussion, role playing, game, modeling from video and social support from guardians.

Results of the study revealed that after the experiment, decision making score of the experiment group was statistically higher than before the experiment and also statistically higher than that of the control group. For the critical thinking, self-awareness, refusal skill and methamphetamine abuse prevention behavior there were no significant changes. It was also found that critical thinking, self-awareness, decision making and refusal skill were not significantly correlated with methamphetamine abuse prevention behavior.

Research results suggest that a long term life skills program incorporating social support from guardians should be developed for technical college curriculum, or as a special program to be implemented in activity hour, in order to prevent methamphetamine abuse.