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KANITTHA SIMSATHIDRASAKUN : THE CONSTRUCTION OF TRAINING
PACKAGE FOR LEARNING CENTER CLASSROOM ON 'TEACHING METHODS OF
HEALTH PRACTICES DURING PREGNANCY' FOR HEALTH OFFICER IN SUB-DISTRICT
HEALTH CENTER. THESIS ADVISORS : NUG-ROB RAWANGKARN, B.Ed., M.Ed.,
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The purposes of this study were to construct a training package for learning center classrooms on "Teaching methods of health practices during pregnancy" for health officer in sub-district health centers and to determine the efficiency of the package.

The researcher set up four learning centers and a reserve learning center. The first learning center demonstrated health practices in daily life, the second described health practices in order to promote health and prevention of diseases, the third demonstrated how to counsel on mental health, the fourth demonstrated how to question about nutritional practices. The reserve learning center explained the concept and method of health teaching. These learning centers were arranged in one training package which was tested with health officers in Yala province. After initial testing, the package was corrected and improved. The researcher then experimented with thirty Yala health officers chosen by random sampling. Officers' pre-test and post-test scores of knowledge of learning center topics were collected, and the retention of knowledge after two weeks was assessed. An analysis of knowledge was done by using percentage, arithmetic mean, standard deviation for the paired t-test of test achievement immediately after the training and two weeks later. The statistical analysis was tested at the .01 level.

The results showed that the training package was efficient at the 82.6/83.7 level of the 80/80 standard scores. Health officers' knowledge was found to increase significantly. Test of knowledge retention showed that though officers' knowledge decreased from post-test level, the amount retained was greater than pretest level. The health officers accepted that the training package was effective in training and teaching about health practices in pregnant women. This package would be beneficial for health officers in order to help solving the problem of shortage in the area of training as well as increasing the effectiveness of self-learning, development of training, and team building.