

## Abstract

The study of “The Relationship between Emotional Quotient, Occupational Stress Indicator and Quality of Work Life : A Case Study of Department of Mental Health Officers”, aims as follows : to study the level of emotional quotient, occupational stress indicator and quality of work life of Department of Mental Health Officers, and the relationship between emotional quotient, occupational stress indicator and quality of work life.

The population of this study was 118 collection officers. The measurement tools used in the study consisted of four parts : personality factor, emotional quotient test, occupational stress indicator test and quality of work life test. Data analysis was done with the computer software progress SPSS for window. The results of the research were as follows :

1. Most of Department of Mental Health Officers' level of emotional quotient were high.

2. Most of Department of Mental Health Officers' level of occupational stress indicator were normal.

3. Most of Department of Mental Health Officers' level of quality of work life were normal

4. The emotional quotient and some emotional quotient dimension had significant positive correlation with quality of work life : emotional quotient totally ( $r = .255, p < .01$ ), self-motivation dimension ( $r = .280, p < .01$ ), social skill dimension ( $r = .257, p < .01$ ), self-regulation dimension ( $r = -.201, p < .05$ ). The self-awareness dimension and the empathy dimension did not show the correlation with quality of work life.

5. The emotional quotient totally, self-awareness dimension, self-regulation dimension, self-motivation dimension and the empathy dimension did not show the correlation with occupational stress indicator. The social skill dimension had significant negative correlation with occupational stress indicator. ( $r = -.216, p < .05$ )

6. There was no relationship between occupational stress indicator and quality of work life.

The result of this study will be applied as a guideline to improve and develop emotional quotient of Department of Mental Health Officers. Moreover, it could be used as a guideline to manage with occupational stress indicator to lead better quality of work life. In addition, This study is a guideline of simulating other similar study on emotional quotient, occupational stress indicator and quality of work life.