

Saritkan Sithikrai Wong 2013: The Effects of Group Activities Program for Student Development on Stress and Adjustment on Learning among Sophomore Year Nursing Students, Royal Thai Air Force Nursing College, Directorate of Medical Services. Master of Arts (Educational Psychology and Guidance), Major Field: Educational Psychology and Guidance, Department of Educational Psychology and Guidance. Thesis Advisor: Assistant Professor Manasanan Hatthasak, Ph.D. 166 pages.

The purposes of this research were: 1) to compare the stress of students before and after receiving activities related to group. 2) to compare the adjustment on learning of students before and after activities related to group. This research was the quasi experimental research. The populations were 49 nursing students of sophomore year, Royal Thai Air Force Nursing College, Directorate of Medical Services in the first semester, academic year 2012, Every student to do the Stress and adjustment on learning Test and then selected students that were stress scores over average and adjustment on learning less score. Then select 13 students and voluntary 11 students for an experimental group. Experimental group participated in the Group Activities for 12 sessions, 50 minutes per each session. The instruments used in this research were: the Group Activities Program to Decrease Stress and Increase Adjustment on Learning, Stress and Adjustment on Learning Test. Mean, Standard Deviation, The Wilcoxon Matched Pairs Signed - Ranks Test were utilized for analyzing data.

The research results indicated that: 1) the posttest stress scores from the Stress and Adjustment on Learning Test of the experimental group were lower than pretest scores at .05 level of significance. 2) the posttest adjustment on learning scores from the Stress and Adjustment on Learning Test of the experimental group were higher than pretest scores at .05 level of significance.

---

Student's signature

---

Thesis Advisor's signature