

Sittiporn Sieangyai 2013: Factors Affecting Exercise Behavior of Medical Scientists in Huahin Hospital Prachuap Khiri Khan Province. Master of Science (Health Education), Major Field: Health Education, Department of Physical Education. Thesis Advisor: Associate Professor Supat Teravecharoenchai, M.Sc. 119 pages.

The objectives of this descriptive research were to study factors affective exercise behavior of medical scientists in Huahin Hospital, Prachuap Khiri Khan Province. The sample size consisted of 270 personal of department of medical scientists. Questionnaires researcher were use to collected data. The relative be to been factors other with exercise behavior analyzed for percentage, mean, standard deviation, chi-square test, Pearson's product moment correlation co-efficient and multiple regrenion.

The results of this study were are follows: The personal of department of medical scientists in Huahin Hospital, Prachuap Khiri Khan Province had exercise behavior in medium level. The Bio-social factors had no significantly relative to exercise behavior of medical scientists in Huahin Hospital. The factor Predisposing that related to exercise behavior of medical scientists in Huahin Hospital at the level of .01 was attitude, beneficial acknowledge and problem of exercise. About knowledge of exercise, there was no significantly related to exercise behavior of medical scientists in Huahin Hospital. Enabling factors had no significantly related with exercise behavior of medical scientists in Huahin Hospital. Reinforcing factors that significantly related with exercise behavior of medical scientists in Huahin Hospital at the level of .01 was information from media, social support and personal support.

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Student's signature

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Thesis Advisor's signature