

Abstract

The study of "The relationship between Social Support, Self Care Behavior and AIDS Prevention Behavior of Drug Addicts: Narcotic Clinic, Public Health Center, Health Department, Bangkok Metropolitan Administration" is aimed at the study of the relationship between a social support and self care behavior and AIDS prevention behavior among addicts at substance abuse clinic in public health center, Bangkok Metropolitan Administration. The sample group is comprised of 253 addicts who received withdrawal treatment from the public health center, Bangkok Metropolitan Administration and the data was collected by questionnaire. The data was analyzed using basic statistical method and the correlation was verified using Chi Square tests at the significance level of 0.01 and 0.05.

The results showed that among male, age 31-35 years, Buddhist, received high-school graduation or higher, low level workers with salary less than 2,000 baht per month were addicted to heroin and being injection drug user for 6-10 years. It was found that mother, friend who addicted to narcotic and social worker/psychologist are responding people who provide general support. The level of support from family and the public health officer were high but that from their friends was low whereas from the public health officer who has self care behavior was moderate whereas AIDS prevention behavior was high. The addicts who ever received withdrawal treatment from other places have a relationship with AIDS prevention behavior at the significance level of 0.01. The social support from public health officer has a relationship with AIDS prevention behavior at the significance level of 0.05.

The recommendation obtained from this study is the public health officer should take an action in continually providing an advice, follow up the result of withdrawal treatment, and stimulate the driving force in order to perform self care behavior and practice in AIDS prevention. They should coordinate and transfer drug abstinence to recover the capability of life skills and should give an advice to the family in order to participate the withdrawal treatment by providing help and encouragement to those addicts. The network of friend help friend should be established in order to develop all appropriated activities including job training for being self-reliance in the future.