

## Abstract

The study on “Working Life of Thai Boxing Profession” is a quantitative study aiming at finding out steps of entering into Thai boxing profession and the quality of working life of Thai boxers. The sampling of this study are 60 Thai boxers in Thai Fairtex Camp. Data collection is carried out by questionnaire distribution and two case interviews.

The study finds that boxers of Thai Fairtex Camp choose boxing profession because it is a well-paid profession. Most of them have a monthly income between 10,001-20,000 baht, and 80 percent of them earn additional income from stake money. Also intimate association with boxing circle make them love Thai boxing. Most of the boxers in the Camp are between 15-19 years old, and terminate boxing within 30 years because of physical deterioration and at that age they are considered too old for the profession, with 70 percent of them having muscular pains. The majority of them have low educational attainment at elementary level since schooling is barrier for practicing and rest. Most young men entering into boxing profession are from Northeastern Region. They all have to spend their life in the Camp.

Taking supplementary food make boxers feel that they have strength in punching and do not feel exhausted from weight reduction which is unavoidable for most boxers. Weight reduction technique normally used is jogging. It is found that the Camp will sign contact with young boxers.

The study recommends that boxers should well look after their own health so that they can stay long with the profession. The Camp should appropriately look after wages and welfare for the boxers. The Government and Thai Boxing Association should promote Thai boxing as Thai culture rather than as gambling, as well as to oversee right practices within Thai boxing circle.