

## **ABSTRACT**

This research study aims to find out teen novel book reading behavior as well as its effects on teenage readers. The objectives of the study are to identify the behavior of teenagers in reading teen novel books and also discover the effects – both positive and negative – of such behavior on different aspects of the lives of readers.

A cross-sectional design was used for conducting the research, and a self-administered questionnaire was the research instrument of the study. The samples of this study were 180 students from three schools, aged between 12 and 18 and studying at secondary school level or high school level. Additionally, they must read teen novel books. The questionnaires were distributed to 60 teenage students of each school.

The findings of this study revealed that the majority of students who read teen novel books were female and received quite good grades at schools. Their top three favorite types of teen novel books were romance, fantasy, and adventure, respectively. Most of them liked reading teen novel books because of relaxation that could relieve their stress arising from their everyday life. In addition, they showed positive feelings towards the effects that reading had on different aspects of their lives, and finally insisted on continuing reading teen novel books in the future. It can be drawn from the findings that teen novel books are not somewhat a destructive type of printed media for teenage readers as long as they are aware of how to manage and balance their time for reading teen novel books with their study. The results of this study can also suggest the future readers, parents, and school librarians to consider whether teen novel books are worthwhile as recreational books for them, their children, and their students.