

Sureewan Limpipattanakul 2014: Learning Activities on Palmistry for Enhancing Self-Directed Learning Readiness and Self-Esteem of the Retirees. Doctor of Philosophy (Vocational Education), Major Field: Vocational Education, Department of Vocational Education. Thesis Advisor: Assistant Professor Jularat Wattana, Ph.D. 151 pages.

The purposes of this research were to 1) develop learning activities on palmistry for enhancing self - directed learning readiness and self – esteem of the retirees and 2) study the results of the use of the developed learning activities.

One group pretest - posttest design was employed in this research. The groups study comprised 33 retired government officers of the Ministry of Education who voluntarily participated in this study. The instruments used for collecting data were 1) a measurement test of knowledge change 2) a measurement test of self - directed learning readiness and 3) a measurement test of self–esteem. The statistics for analyzing data were frequency percentage mean and standard deviation.

The result found that 1) learning activities on palmistry for enhancing self-directed learning readiness and self–esteem of the retired government officers of the Ministry of Education had been developed through integration among self-directed learning readiness, self–esteem and knowledge palmistry which consist of 5 activities were to Open your heart, Precious life, The most happiest man in the world, Two bricks, and Creative buckets. In addition, a 2 days training course was organized in order to perform those 5 activities. 2) the result of the use of the developed learning activities found that the post training level in terms of self-directed learning readiness, self–esteem and achievement in learning activities on palmistry were higher than before training.

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Thesis Advisor's signature