

RESEARCH PAPER : Performance Evaluation of Development
of Life to Increase Work Efficiency Project
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The study focused on the evaluation of the life Quality Development Training Program to increase the police's work efficiency. This program was offered by the Police Development Institution under the Education Division. The sample consisted of 124 commissioned police captains attending the sixty-first training program. These police were from different units under the National Police Office. The main objectives of the study were

1. to assess the performance of the life Quality Development Training program to increase the police work efficiency
2. to identify the problems and obstacles to the training in order to make some recommendations to improve the program.

A questionnaire was employed to collect the data from the trainees and the researcher collected all the completed questionnaires herself.

The findings were briefly stated as follows :

1. The life Quality Development Training Program was found to achieve its objectives, as these who completed the program could have a better knowledge and understanding of the contents and could apply the knowledge to their work at a rather high level. They agreed that the program was fruitful, could meet their needs. Besides, the program was in accordance with the objectives and goal of the institution.

2. The operational process of the program was also found to be appropriate at a rather high level.

3. The inputs were found to be moderately appropriate due to the problem of inadequate budget and personnel.

The following recommendations were made

1. **Budget** Improvement should be made in allocating the expense funds in different categories, such as training facilities, cushions for meditation, training material and textbooks, etc. Especially, the content of each subject should be relevant and meet the objective.

2. **Personnel** The number of personnel should be increased and trainers who had experienced in both theory and practice should be invited so that the trainees could apply the knowledge to their daily lives and their work. The trainers (the monks) should improve their lesson presentation techniques. They should find some ways of transferring knowledge that urge the trainees to feel like participating in the training activities.

The regular program officers should be increased in the right proportion to the trainees so as to facilitate them better.

3. **Training session** The practice sessions should not be too long so that the trainees would not be bored.

4. **Health care** The institution should seek cooperation from the provincial hospital in setting up a clinic at the training unit to build confidence in the program participants that they would be taken care of in emergency.