

ABSTRACT

RESEARCH PAPER : Early Retired Persons' Way of Life and Their Adaptation:

A Study of The Ministry of Education in Yala Province

BY : Miss Money Padungtaksin

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MAJOR : Social Development Management

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There are 5 objectives for this research; they are 1. to study motives for joining the early retirement project, 2. to study the retired person's ways of life, 3. to study the retired persons' adjustment, 4. to find out problems and obstacles facing the early retired persons' and 5. to study their opinion on the early retirement project. Data were collected among 12 early retired persons, the first group of the budget year of B.E. 2543.

Results of the study are as follows :

1. There are 3 motives in joining the project, i.e., 1. wanting to rest and live freely, 2. spending full-time in personal business without government intervention, 3. opening opportunity for new generations to show their ability. In most cases, family members support or jointly decide in joining the early retirement project.

2. In general, the early retired persons spend their time usefully both for themselves and for social benefit. Physically, they exercise, check-up regularly, consume appropriately. Mentally, accept and understand changing roles and body.

3. Following the retired period. Socially, most of them still active with outside world and expanded social network with new and innovative activities. In family life, most of them have warm family relations. They have definite plan of spending with the principles of thrift, sufficiency and no-debt.

4. Most of the early retired persons are knowledgeable with a lot of experience coupled with their simple ways of life and planned for early retirement. Therefore, no serious problems or obstacles found among them after retirement. On the contrary,

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they feel more freedom, more time for themselves and for their family without causing social burden in any way.

5. Most of the early retired persons see that the project is a good one that can be materialized .

Important recommendations emerged out of this study are both benefited those intending to join the project and the government inventing the early retirement project.