

Kanitha Limsup 2014: Self-Awareness, Optimism, Life Satisfaction and Spiritual Well-Being of The Elderly at The Senior Service Center Din Daeng, Din Daeng, Bangkok. Master of Science (Community Psychology), Major Field: Community Psychology, Department of Psychology. Thesis Advisor: Assistant Professor Tippavan Surinya, Ph.D. 153 pages.

The purposes of this research were 1) to study the level of self-awareness, optimism, life satisfaction and spiritual well-being of The Elderly at The Senior Service Center Din Daeng, Din Daeng, Bangkok. 2) to compare spiritual well-being of The Elderly at The Senior Service Center by personal factors. 3) to find out the correlation among self-awareness, optimism, life satisfaction and spiritual well-being of The Elderly at The Senior Service Center Din Daeng, Din Daeng, Bangkok. The samples used in the research were 180 The Elderly at The Senior Service Center Din Daeng and selected by simple random sampling. The research tools were questionnaires and analyzed by using computer package program. The statistical procedures were percentage, mean, standard deviation, t-test, F-test, and Pearson's product moment correlation coefficient.

The results of the study were as follows: 1) self-awareness, life satisfaction and spiritual well-being were at high level but optimism was at moderate level.; 2) The Elderly at The Senior Service Center, Sub-district Din Daeng who had different in sex, age, level of education, marriage status, income, health condition did not have different in spiritual well-being.; 3) self-awareness, optimism and life satisfaction had positive correlation with spiritual well-being with statistically significant at .001.

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Thesis Advisor's signature

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