

Jedsada Suwanwaree 2014: Optimism, Health Empowerment, Access to Health Services and Quality of Life of Railway Officials at Thon Buri District, Bangkok. Master of Science (Community Psychology), Major Field: Community Psychology, Department of Psychology. Thesis Advisor: Assistant Professor Tippavan Surinya, Ph.D. 175 pages.

The purposes of this study were of five folds. 1) to study level of optimism, health empowerment, access to health services and quality of life of railway officials at Thonburi district, Bangkok, 2) to investigate the quality of life of railway officials according to personal factors, 3) to study the relationship between optimism and quality of life, 4) to study the relationship between health empowerment and quality of life and 5) to study the relationship between access to health services and quality of life of railway officials at Thonburi district, Bangkok.

Sample composes consisted of 238 railway officials selected by proportional stratified random sampling. The data were collected by questionnaires and analyzed by computer package program. The statistical were percentage, mean, standard deviation, t-test, F-test, LSD and Pearson's Product Moment Correlation Coefficient.

The results were revealed that 1) optimism, health empowerment, access to health services and quality of life of railway officials were at moderate level. 2) age and type of inhabitated to quality of life significantly difference at .05 3) There was positive correlated between optimism, health empowerment, access to health services and quality of life with statistically difference at .001

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Thesis Advisor's signature