

Abstract

The thesis, entitled of "Enable Ability of Health Care Behavior in Elderly : Case Study of Police Hospital's Elderly Club" was to study the characteristic of service in terms of health promotion in senile, health information seeking of the elders and decision-making related to health care solving of their own. The sample size of this survey study consisted of 145 of respondents from Police Hospital's elderly club. Questionnaires, percentage, mean, standard deviation, and t-test and F-test were used for statistical analysis.

The results of the study were summarise as follow. The majority of sample size were female between 76-80 years, married, graduated four years from universities, economic status were moderate. All of them had underlying diseases and joined the club for 16–20 years and be parted of Ti-Kek activity. The result of characteristic of service in term of health promotion in the elderly was very satisfied, particular the advice part which was given by health care providers. For health information seeking part was in the middle range level except reading was high and internet searching vice versa. Self-decision making related to health problem was average but their decision making in accidental prevention was in a high level. Moreover, relation of personal characteristic and enable ability of health care behavior in elderly demonstrated that gender, age, education, marital status, social-economic status, underlying diseases and the length of being member in elderly club were different but related to enable ability of health care behaviour in elders statistical significantly.

The recommendations from the study are that government should have policy to promote the role of health care providers in order to support health promotion in elderly populations in all areas. Campaigns, advertisement, and public relations should be available for families and care takers who can help elderly people access to health information increasingly. Additionally, health professional should be sustained from the hospital they work with to provide accurate data of enable senile health care at elderly club regularly.