

PARANEE VANABHUTI : (EFFECTS OF ENCOUNTER GROUP ON INCREASING  
INTERPERSONAL RELATIONS SCORES ON THE FIRO-B TEST) THESIS ASVISOR:  
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The purpose of this research was to study the effects of an encounter group according to Carl R. Rogers's theory on increasing interpersonal relations. The sample group included 8 volunteers who were interested in the program. These volunteers, 6 females and 2 males, age between 21-23 years, participated in an encounter group for 21 hours within 3 days. The experiment took place in a residential setting. The instrument used in this study was the FIRO-B. The pretest-posttest experimental design was used and the t-test was utilized for data analysis.

The results indicate that 4 scales of the FIRO-B interpersonal relations scores showed a significant increase at the .01 level. They were the scales on expressed inclusion, wanted inclusion, expressed affection and wanted affection. There was no significant decrease in the scale of expressed control and wanted control.