

ABSTRACT

The purpose of this research was to find out the study behavior of the first year students from the Faculty of Arts, Chulalongkorn University. The subjects were 120 students who are currently enrolled in the first year at the Chulalongkorn University. The instrument was a three-part questionnaire that was divided into general background information, study habits, and distraction and adjustment problems. The data were then analyzed by using the Statistical Package for Social Sciences (SPSS) program.

The findings indicated that most of the respondents practiced good study habits. This research also found that the attitude of most of the respondents about studying was positive. The majority of the respondents had efficient study areas with enough lighting, quietness, and necessary materials. A large number of respondents did not read materials in advance. Most of the students in this study did not use outside reading to gain more knowledge about the subject they are taken as well. Most respondents did not have a weekly study plan but they did their study randomly throughout the week. Many of them also study hard before a test or an examination. Underlining was also a popular method used by many of the respondents.

The adjustment and distraction problem that was the most disruptive to students at Chulalongkorn University was drug problem. Most respondents agreed that the difficulty of the subjects was also a major problem. The majority of the respondents' main worry was about classes and examinations in their first year of university study. Most of the respondents thought freshmen activities, alcohol, and cigarettes were only minor problems. Large numbers of respondents did not think finding a boyfriend/girlfriend, participating in sports, and working were any distractions or adjustment problems in studying at all. Interestingly, respondents who lived in dormitories were able to concentrate more on studying than those who lived at home.