The purposes of this study were to study the needs of clients
attending out-patients clinics, The Thai Red Cross Society Hospitals, for
health counseling services.

The major findings were as follow:-

1. Need for health counseling service on knowledge of disease. For
lung disease patients, Chulalongkorn and Sriracha Hospital patients obtained
need in middle level. For heart disease patients, Chulalongkorn Hospital
patients obtained need in high level while Sriracha Hospital patients obtained
middle level. For diabetic patients, both Chulalongkorn and Sriracha hospitals
patients obtained need in low level.

2. There were a significant difference level at the .05 of the score
on daily life adaptation and life styles planning as classified by the
following variables.

2.1 For lung disease patients
2.1.1 Age: the score of 1) daily life adaptation on
physiology, on self concept. 2) life styles planning in every aspect.
2.1.2 Status: the score of 1) daily life adaptation on
physiology, on self concept, on patient role. 2) life style planning on
occupation.
2.1.3 Length of attending clinic: the score of 1) daily
life adaptation on physiology, on self concept, on relationship.

2.2 For heart disease patients
2.2.1 Age: the score of daily life adaptation on self
concept, on patient role, on relationship. 2) life style planning on family
and social relationship.
2.2.2 Marital status: The score of 1) daily life
adaptation on self concept, on patient role. 2) life style planning on
family and social relationship.
2.2.3 Length of attending clinic: the score of 1) daily
life adaptation on physiology. 2) life style planning on occupation.

2.3 For Diabetic patients
2.3.1 Age: the score of 1) disease knowledge. 2) daily
life adaptation on physiology, on patient role.
2.3.2 Sex: the score of 1) daily life adaptation on
physiology, on self concept.
2.3.3 Marital status: the score of 1) daily life
adaptation on patient role.
2.3.4 Length of attending clinic: the score of 1) daily
life adaptation on self concept.