

C044171 : MAJOR NURSING ADMINISTRATION

KEY WORD : ESSENTIAL HYPERTENSION / HYPERTENSION KNOWLEDGE / SELF- PRACTICE

YISUAN SEATOK : A COMPARISON OF HYPERTENSION KNOWLEDGE AND SELF-
PRACTICE BETWEEN CONTROLLED AND UNCONTROLLED HYPERTENSIVE PATIENTS.

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This research was designed to study and compare the hypertension knowledge and self-practice between controlled and uncontrolled hypertensive patients. The subjects of study were fifty pairs of controllable and uncontrollable essential hypertensive patient. The instrument of study was interview guide which was designed and tested for validity and reliability by the researcher.

The major finding were as follows :

1. There was no statistical significant difference at 0.5 level of the hypertension knowledge between the controlled and uncontrolled group.
2. The self - practice, in overall and in each aspect, between the controlled and uncontrolled group were no statistically significant difference at 0.5. By analyzing in each item, the study found that the controlled group had more mean score of low salt diet practicing and taking medicine regularly than uncontrolled group at 0.5 level of significance.