

KEY WORD : AMBAI - TECHNIQUE'S MEDITATION ACTIVITIES/LIBERALITY

SUPAPORN TANNAPAI : EFFECTS OF USING AMBAI -TECHNIQUE'S MEDITATION ACTIVITIES IN PROMOTING LIBERALITY OF PRATHOM SUKSA TWO STUDENTS.

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The purposes of this research were to study the effects of using "Ambai-Technique's meditation activities in promoting liberality and the satisfaction of prathom suksa two students by using twenty-five Ambai-Technique's meditation activity lesson plans. They were constructed and had been used for five weeks practicing with one group of twenty-eight students.

The findings of the research were as the following:

1. After practicing "Ambai-technique's meditation activity lesson plans, the students evaluated themselves and found that their liberality behaviour in helping, sharing, generousing, and donating was significant at the .05 level.
2. The classroom teacher found that students's liberality behaviour in helping, sharing, generousing, and donating was significant at the .05 level.
3. After the evaluating "Ambai-technique's meditation activity lesson plans through the students's perception, it was found that students would like to share their merit to the others at the first level and wanted the other people to join in meditating at the second level.
4. After asking the students about the satisfaction of practicing by Ambai-technique's meditation activity lesson plans through their perceptions, it was found that they mostly preferred and very satisfied in every activity.