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KEY WORD : SELF-HELP GROUP/ELDERLY/DEPRESSED

ORAWAN LEETHONG-IN: THE EFFECT OF SELF-HELP GROUP IN DEPRESSED ELDERLY AT ST. JOSEPH'S HOME IN KHON KAEN. THESIS ADVISOR : ASSO. PROF. BHIROM SUGHONDHABIROM, M.D., CO-ADVISOR : PROF. DR. ANAN SRISOPA, 114 pp.
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This experimental research was to study the effect of Self-Help Group in 32 depressed elderly at ST.JOSEPH'S HOME in KHON KAEN by Solomon Four Group Design. The 32 subjects were randomly assigned into 4 groups, 2 experimental groups and 2 control groups. There were 8 subjects in each group. The subjects were assessed by Geriatric Depression Screening Scale (GDS.) before and after the Self-Help Group with reliability value at 0.94. The experimental took a total of 4 weeks during which the 2 experimental groups participated in 8 sessions, each session lasting for 1 hour and 30 minutes. T-Test statistics and two-way Anova were used in data analysis.

This research results were found as the following:

1. The effect of self-help group treatment could decrease depressed situational for the elderly with significant at.001 level.
2. The self-help group or experimental groups after treatment were found that the depression were approximately less than the elderly in control groups with significant at.001 level.
3. It was found that sex, age and educational background were not effected with depression for the elderly.