

CHAPTER V

CONCLUSIONS AND RECOMMENDATIONS

To gain opportunity of fully engagement with children and their development benefits, throwing balls and rattling sound toys should be selected for children at age of one year to play. It may be possible that in some cases children might not select some toys because they are not familiar with especially in girls [11, 43]. Novelty of toys should be considered. Color is the same, young children like reddish colors more than blue and rounded over angular shapes [11]. And the study explored some classification of toy by Chase. Therefore, the detail of familiarity, colors and shape should be further studied, and the rest group of toys that did not mention in this research. Because children have short attention, the variety of toy must be provided. In Thai context, home utensils and natural materials should be studied. And the important of play is not only toy; quality of play such as play behaviors should be evaluated. The behaviors of this age may be exploration, repetitive play or functional play for example. Like a study found that symbolic play of the 14-month-old toddlers related to their language and cognitive skills at the age of 2 years [50].

In fact, there was no single play material that is the best. Based on review results of many studies, Chase stated that *“The two most potent variables correlating with cognitive development during infancy and the preschool years were the availability of play materials and the quality of maternal (parental) involvement”* [10]. We added that if we were to choose them, the following play materials are advisable- natural materials, creative materials, and push/pull toys. For fine motor skills and problem solving skills, natural material, home utensils and push/pull toys should be promoted. Sound toys, story books, creative materials, push/pull toys and doll and other soft toys support language skills.

Books cannot promote itself and it has no interesting reaction, parent must bond it to children and gain benefit by reading to them. Creative materials and writing materials may be the same but this study did not explore these materials for children's preference. Natural materials were a good choice in Thai rural context. The author recommends finding out more information for better guideline. Home

utensils were another good option for available in every families. They should be encouraged with their cautions such as safety and suitability to be created as a toy.

It is clear that if parent want to encourage their children 1-year-old to play, throwing balls and rattling sound toy should be provided. Natural material, home utensils and push/pull toys should be used for promoting fine motor skills and problem solving skills while sound toys, story books, creative materials, push/pull toys and doll, and other soft toys are for supporting language skills.

The result of musical cassettes should be investigated such as how play or what kind of cassette. And the rest group of appropriated toys in Chase should be explored.