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YUPA SAMRITMEEPHOL : THE EFFECTS OF MENTALLY RETARDED ADOLESCENT
ON THEIR PARENTS. THESIS ADVISOR : NIPATT KARNJANATHANALERS, M.D.
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To study the effects of mentally retarded adolescents on their parents on mental health and social aspects. The subjects included 36 fathers and 62 mothers of the mild or educable mentally retarded adolescents, studying at Rachanukul or Panyavuthikorn school.

The research was carried out through two sets of questionnaires multiple choices questions and questions to be answered scoring by using rating scale. The results revealed that 62% of the parents had mental health effects. The mothers were more mentally affected than the fathers. Regarding the social aspects, parents perceive very little disturbance. Most parents needed more services especially concern about contraception, counseling, vocational training, dental clinic and sex-education.