

SUJAI TANGSONGSAWAT : USE OF PEER GROUP HELPERS FOR INCREASING  
SELF-ESTEEM OF MATHAYOM SUKSA FIVE STUDENTS. THESIS ADVISOR : ASSO.  
PROF. SUPAPAN KOTRAJARAS, 148 PP.

The purpose of this research was to study the use of peer group helpers for increasing self-esteem of mathayom suksa five students. The sample included volunteer Mathayom Suksa five students at Surathpethaya School in Suratthane Province, comprised of 20 subjects. Those subjects were randomly assigned to an experimental group and a control group, each group comprising 10 students. The experimental group participated in a peer group helping program, each session  $1\frac{1}{2}$  hours, for a total of 10 sessions. The group leaders were 2 peer helpers who received training in basic counseling skills for a total of 33 hours. The instrument used in this study was "The Coopersmith Self-Esteem Inventory-School Form, (SEI) 1984" The pretest-posttest control group design was used. The t-test was utilized for data analysis.

The result indicated that :

1. The students who underwent peer group help showed a significant increase of self-esteem. ( $p < .01$ )
2. The students who underwent peer group help showed a greater increasing of self-esteem than the students who did not, ( $p < .01$ )