

Spiritual well-being is a state of a sophisticated of human being. It is the result of goodness and selflessness. It is a state of peaceful mind from disturbing stimuli and happiness, which affects physical and social well-being of human being. The purpose of this descriptive research was to study the spiritual well-being of adolescents. Multistage sampling was used to obtain the subjects which consisted of 371 high school students and 318 vocational school students from the Province of Chiang Mai. Data were collected by using the demographic data record and the spiritual well-being of adolescent questionnaire developed by the researcher based on Eastern's concepts. The questionnaire's content validity was .86 and its reliability coefficient was .87.

The results of this study revealed a mean score of an overall spiritual well-being of the adolescents at a medium level ($\bar{X} = 63.89$, S.D = 17.37) and each element such as the element

I : happiness, peacefulness resulting from goodness, selflessness and Brahma vihara 4, the element II : cheerfulness/joyfulness with responsibilities and activities of daily living and the element III : mindfulness, concentration and wisdom was also at a medium level ($\bar{X} = 18.82$, S.D = 6.37; $\bar{X} = 26.80$, S.D = 7.24; $\bar{X} = 18.45$, S.D = 4.44 respectively). The high school students had the mean score of an overall spiritual well-being and its elements at a high level ($\bar{X} = 79.08$, S.D = 6.37; $\bar{X} = 24.34$, S.D = 2.16; $\bar{X} = 32.81$, S.D = 3.20; $\bar{X} = 21.81$, S.D = 2.69 respectively). The vocational school students had the mean score of an overall spiritual well-being and its elements at a low level ($\bar{X} = 47.02$, S.D = 7.02; $\bar{X} = 12.50$, S.D = 2.63; $\bar{X} = 19.98$, S.D = 3.57; $\bar{X} = 14.45$, S.D = 2.40 respectively).

The result of the study suggests that adolescent's levels of spiritual well-being are varied. In order for pediatric nurses to provide holistic care for adolescents; more studies related to the spiritual well-being of adolescents are needed.