

Abstract

Thesis entitled “Active Aging” : The preparing of the personnel of the Ministry of Social Development and Human Security aims to study the preparing on productive aging and successful aging and life after retirement. The population of this study is 286 personnel of the Ministry of Social Development and Human Security, ages of 50-59. The questionnaire was applied as a tool to collect data, and analyzed by the SPSS package program. The statistics used were percentage and Chi-square.

The result of the study are as follow. Most sample groups were female, age of 55, graduated a Bachelor degree, single status, salary range between 50,001-55,000 Baht. With regard to the productive aging, the sample groups emphasized on the physical factors, finance and accommodation, respectively. With regard to the successful aging, the sample groups paid attention on hobby, mentality and social participation, respectively. The overall correlation between variables and the productive aging demonstrated that salary correlated with the productive aging; sex and education level correlated with accommodation; and age, status and salary correlated with physical factor. With regard to the correlation between variables and the successful aging, it was found that sex correlated with mentality and hobby while age and status correlated with mentality.

The recommendations are that the Ministry of Social Development and Human Security should establish the policy to encourage the awareness of its personnel on the Active aging. This should include the readiness on physical factor, finance, accommodation, mentality, hobby and social participation under the Project of “Readiness for Retirement”. However, the target groups should cover the personnel, age of 50-59. The units should encourage their personnel to recognize the importance of Active aging in all aspects by setting projects such as the project on knowledge of financial planning for retirement, the project on occupational training, the project on health promotion, etc. In order to obtain various findings and results valuable for further study, the study on the personnel in the regional offices of the Ministry of Social Development and Human Security should be conducted.

