

Thesis Title	Effects of Using Therapeutic One-to-One Relationship Process on Psychiatric Patients' Behaviors
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ABSTRACT

The purpose of this study was to study effects of using therapeutic one-to-one relationship process on patients' behaviors. The research samples, 40 in-patients in Somdet Chaopraya Hospital, were divided randomly into an experimental group and a control group. The first group received psychiatric care provided by team members and nursing care focussed on using therapeutic one-to-one relationship process by 10 research assistants, whereas the latter received psychiatric care provided by team members only. Two research instruments developed by the researcher were patients' behavior checklist and patients' behavior rating scale. Both instruments had been evaluated for content validity by 10 experts. The reliability of the checklist was 0.93, while that of the rating scale was 0.83. Statistic procedures used in analyzing the

collected data were arithmetic mean, standard deviation, t-test and analysis of covariance. The conclusions drawn from the analysis of the gathered data were followed:

1. There was a significant difference at .01 level, and .001 level among the arithmetic means of pre and post test scores measured by the patients' behavior checklist and rating scale in the control group and the experimental group, consequently. Therefore, the first research hypothesis was supported. That was, the behaviors of the patients who receiving nursing care focussed on using therapeutic one-to-one relationship process was positively changed after three-week experiment.

2. There was no significant difference between the post test scores of the experimental and the control group when measured by the checklist. On the other hand, there was a significant difference at .05 between post test scored of the two groups when measured by the rating scale. Thus, the second research hypothesis was rejected. That was, the behaviors of the patients who recieved general psychiatric care and nursing care focussed on using therapeutic one-to-one relationship process were insignificant different from those of the patients who received general psychiatric care only.

Although the findings were inconclusive in favor the using of therapeutic one-to-one relationship process, the researcher suggested several implications based upon the recommendations from the research assistants who were

psychiatric nursing staff and willingly participated in this research for the purpose of trying the new nursing techniques to improving the quality of nursing care.