

Title : THE EFFECTIVENESS OF GUIDANCE ACTIVITIES IN REDUCING  
LEVELS OF AMICTY OF MATHAYOMSUKSA 4 STUDENTS  
SUKHOTHAI VITTHAYAKOM SUKHOTHAI PROVINCE

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The purpose of this study was to compare the level of anxiety between one group of students assigned to take part in the selected guidance activities and another group don't take part activities

The subjects were 24 science-math program students, in second semester of the academic year 1998 at sukhothaivittayakom school, city district, Sukhothai province They were divided in to two group of 12 on experimental group and a control group. The experimental group was treated by group assigned to program the researcher provided guidance and advice for the group which met 2 times a week for 50 minutes each time for period of 6 weeks. Totaling 12 times. The control group studied in regular class. The research design was the randomized control used group Pretest-Posttest design. The research instrument use was. Cattell's Anxiety test.

The findings reveled that the of anxiety of the students assigned to take past in the selected counseling activities was significantly lowwer from the of the students exempted from those activities at the .01 of signifiauce.