

Thesis Title      Depression and Negative Automatic Thoughts of Late  
Adolescents

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M.N.S.              Mental Health and Psychiatric Nursing

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Abstract

The main purpose of this study was to study depression and negative automatic thoughts of late adolescents. The population consisted of 709 late adolescents aged 16 - 20 years, study in high school under the department of general education in ampour muang, Mahasarakham province. The instruments employed for data collection were a questionnaire guide consisted of socio - economic - status data, depression, and automatic thoughts questionnaire. Content validity was examined by experts. The reliability of depression was 0.78 obtained by means of alpha coefficient. The reliability of automatic thoughts questionnaire was 0.8 obtained by Kuder Richardson - 21,

Data were analyzed by SPSS/PC+ program using frequency, percentile, mean and standard deviation.

The results of the study found that :

1. Late adolescents showed deviant depression 69.11 %. They had mild depression 31.03 %, mild - moderate depression 14.81 %, moderate - severe depression 20.03 %, and severe depression 3.24 %.

2. The more depressed in late adolescents, the more and the intensity negative automatic thoughts they think.