Thesis Title   Automatic Negative Thought and Depression among Alcoholics

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Abstract

The purpose of this study was to determine the depression level and correlation between automatic negative thought and depression in alcoholics. The data was collected from 60 alcoholic patients admitted to Suanprung Hospital in Chiang Mai. The questionnaire consisted of three parts: 1) personal data record sheet, 2) automatic negative thought questionnaire, and 3) Beck depression inventories. The automatic negative thought instrument was tested for its reliability employing the Kuder Richardson KR 21 Method. Using this method, the reliability of the automatic negative thought questionnaire was found to be .91, while the reliability of the Beck depression inventories calculated using Cronbach's alpha coefficient. was .82. The data was analyzed employing an SPSS/ FW program in order to calculate

percentage, mean, standard deviation and Pearson product - moment correlation coefficient.

The result of this study revealed that

1. The level of depression in alcoholics was moderate - severe with a mean score of 20.41 (SD = 9.89).

2. Automatic negative thought had a positive correlation with depression in alcoholics at the level r = 0.670. The statistically significant different at .01 level.

The result from this study supports Beck's depression theory *i.e.* automatic negative thought correlate positively with depression. In addition , the conclusion obtained from this study could be used as a guideline for planning and nursing intervention in the alcoholics with depression.