

C143064 : MAJOR COUNSELING PSYCHOLOGY
KEY WORD: : ROGERIAN GROUP COUNSELING/ANXIETY/HIGH RISK PREGNANT WOMEN
PAUNGPET KASORNSAMUT : EFFECTS OF ROGERIAN GROUP COUNSELING ON
REDUCING ANXIETY IN HIGH RISK PREGNANT WOMEN. THESIS ADVISOR :
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The purpose of this research was to study the effects of Rogerian group counseling on reducing anxiety in high risk pregnant women. The tested hypothesis was that anxiety of high risk pregnant women after having participated in Rogerian group counseling would decrease significantly. The research design was the one group pretest posttest design. The instrument was the Anxiety in High Risk Pregnant Women Survey developed by the researcher. The sample was 8 pregnant women who were diagnosed by the doctor as having high risk and was admitted in Siriraj Hospital. They had score in Anxiety in High Risk Pregnant Women Survey higher than 75 percentiles (48.75 scores from 90). This volunteered sample was participated in Rogerian group counseling session for 10 consecutive days for 2 hours each day. The researcher was the group leader. The sample answered the Anxiety in High Risk Pregnant Women Survey before and after the group counseling. Differences between the set of scores were tested for significance by the t-dependent test.

The results showed that anxiety in high risk pregnant women who participated in Rogerian group counseling decreased significantly at the 0.01 level.