

CHAYAPRON LEEPRASERT : EFFECTS OF GROUP COUNSELING ON INCREASING
THE SELF-ESTEEM ON MATHAYOM SUKSA THREE STUDENTS, THESIS ADVISOR :
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The purpose of this research was to study the effects of group counseling on increasing the self-esteem of Mathayom Suksa Three students. The hypotheses were that 1) after participating in group counseling the experimental group would have higher self-esteem than before participating; 2) after participating in group counseling, The experimental group would have higher self-esteem than the control group. The sample included 16 volunteer Mathayom Suksa Three Students of Thamaka Wittayakom School. The subjects were randomly assigned to an experimental group and a control thus each group comprising 8 students. The experimental group participated in group counseling twice a week for an hour and a half session for total of 8 sessions. The instrument was the Coopersmith Self-Esteem Inventory, (School Form) translated into Thai by Janchay Pitaksirikul. The design was the pretest-posttest control group design. The statistical method for data analysis was the t-test.

Results indicated that 1) The experimental group participated in group counseling showed a significant increase in self-esteem at the .05 level. 2) The experimental group participated in group counseling showed a greater increase in self-esteem than the control group, significant at .05 level