

C143132 : MAJOR COUNSELING PSYCHOLOGY

KEY WORD: : ROGERIAN GROUP COUNSELING/STRESS/SCHIZOPHRENIC PATIENTS' RELATIVES

ACHARA BUALERT : EFFECTS OF ROGERIAN GROUP COUNSELING ON REDUCING STRESS IN SCHIZOPHRENIC PATIENTS' RELATIVES THESIS ADVISOR : ASST. PROF. SOREE POKAEO, Ed.D. THESIS COADVISOR : TEERA LEELANUNTAKIT, M.D. 250 pp. ISBN 974-582-977-3

The purpose of this research was to study the effects of Rogerian group counseling on reducing stress in schizophrenic patients' relatives. Hypotheses were that (1) stress of the experimental group after having participated in Rogerian group counseling would decrease significantly and (2) stress of the experimental group after having participated in Rogerian group counseling would be significantly lower than stress of the control group. The research design was the control group pretest-posttest design. The instrument was the Stress in living with Schizophrenic Patient Survey developed by the researcher.

The sample was 15 schizophrenic patients' relatives at Somdetchaophraya Hospital. They all had score in Stress in living with Schizophrenic Patient Survey higher than 75 percentiles (47.75 scores from 90). This volunteer sample was divided into two groups: the 7 persons who were able to participate in Rogerian group counseling for 3 hours each week for 8 consecutive weeks were assigned to the experimental group and the 8 persons who were unable to participate in the groups were asked to stand for the control group. The researcher was the group leader. The t-Test was utilized for data analysis:

The results showed that after having participated in Rogerian group counseling stress in schizophrenic patients' relatives decreased significantly at the .05 level and stress in the experimental group after having participated in Rogerian group counseling was significantly lower than that of the control group at the .05 level.