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: MAJOR MENTAL HEALTH

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ARAMSRI KESCHINDA, POLICE LIEUTENANT : EFFECTS OF GROUP
PSYCHOEDUCATION ON SCHIZOPHRENNIC RELATIVES TO ANXIETY.

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The purpose of this study was to evaluate the effects of group psychoeducation on schizophrenic relatives to changing on anxiety level. Experimental design was used. The subjects consisted of 50 schizophrenic relatives whose patient has been admitted in the inpatient department in Srithanya hospital during January 1, 1991-June 30, 1991. The research samples were assigned by random into 2 groups,composing experimental group and controlled group. The experimental group had received group psychoeducation. The research instrument was the Spielberger,The State Trait Anxiety Inventory (STAI) State Form and Trait Form. Data were analyzed by using arithmetic means, Standard deviation, paired t-test and unpaired t-test.

The analysis of the gathered data revealed the following findings.

1. The state anxiety level of experimental group was decreased statistically significant at 0.01 and controlled group was decreased statistically significant at 0.05. When comparing between two groups, the state anxiety level was not statistically significant different at 0.05 level.

2. The trait anxiety level of experimental group was decreased statistically significant different at 0.01 level comparing with controlled group.