

##C442653 : MAJOR HEALTH EDUCATION

KEY WORD: ADJUSTMENT PROBLEM/MENTAL HEALTH/HEALTH EDUCATION TEACHER/

EDUCATIONAL REGION

BUNJOP PUJCHAKARN : A COMPARISON OF ADJUSTMENT PROBLEMS AND MENTAL HEALTH OF HEALTH EDUCATION TEACHERS IN SECONDARY SCHOOLS UNDER THE JURISDICTION OF THE DEPARTMENT OF GENERAL EDUCATION BETWEEN THE EDUCATIONAL REGION FIVE AND BANGKOK METROPOLIS

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The purposes of this research were to study and compare the adjustment problems and mental health of health education teachers in the secondary schools under the Jurisdiction of the Department of General Education between the Education Region five and Bangkok Metropolis. The samples were 250 subjects randomly selected from health education teachers in the secondary schools under the Jurisdiction of the Department of General Educational Region five and 212 subjects randomly selected from Bangkok Metropolis. The Mooney Problem Check List Adult Form and Symptom Check List-90 were used to measure adjustment problems and mental health. Questionnaires were returned, accounted for 74.46 percent. The data were analyzed in terms of percentage, means, standard deviation and t-test.

Results of the study were as follows :

1. The health education teachers in secondary schools under the Jurisdiction of the Department of General Educational Region five and Bangkok Metropolis had problems of adjustment at the low level on the following problems : health, economic security, self improvement, personality, home and family, courtship and sex, religion and occupation.
2. The health education teachers in the secondary schools under the Jurisdiction of the Department of General Educational Region five and Bangkok Metropolis had problems of mental health at the normal level on the following problems : somatization obsessive-compulsive, interpersonal sensitivity, depression, anxiety, hostility, phobic anxiety, paranoid ideation and psychoticism.
3. There were statistically significant differences at the .05 level between health education teachers in the secondary schools under the Jurisdiction of the Department of General Educational Region five and Bangkok Metropolis on the adjustment problems only about the health areas.
4. There were no statistically significant difference at the .05 level between health education teachers in the secondary schools under the Jurisdiction of the Department of General Educational Region five and Bangkok Metropolis on the mental health problems.