

Survey of Mental Health status of the Khon Kaen

University security guard ⁽¹⁾

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Abstract

The purpose of this research is to study the mental health status of The Khon Kaen University security guard families. One hundred and twelve persons (163 guards, 149 cousin) were randomly sampled for this study. The instrument used for measuring mental health status is the Health Opinion Survey (HOS), which has 20 questions on physical and mental disturbances that stemmed from anxiety and depressive mood. Alternation of the mental health was measured by comparing the mental health score, before and after security guard occupation.

Finding that, the security guard occupation has significantly worsens the mental health of their families. Three factors that affect on current mental health of the security guards are number of children, occupational change and distance between home and office

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