

The purpose of this research was to compare social adjustment ability of students who participated in group activities program and students who attended normal guidance session.

A random sampling technique was used to derive to two groups, 12 each, of Mathayom Suksa 3 students of Santivitthaya School, Chiang Rai. The Experimental group participated in 10 activities program for social development skills for 5 weeks administered by the investigator. A set of questionnaire was used as the instrument for data collection. Arithmetic mean, standard deviation and t - test analyzed the obtained data.

The findings are as follows:

1. In general, after the students participated in the program, their ability of social adjustment has significantly higher than before the experiment, at the .001 level.
2. The experimental group gained more social adjustment ability than the control group at the .001 level of significance in the aspects of getting along with others, give and take, and self respectfulness. However, no difference in disciplinary practice was found between the groups.