

##C445109 : MAJOR MENTAL HEALTH

KEY WORD: OUTCOME / ADOLESCENT / PSYCHIATRIC OUTPATIENT CLINIC

JAMNANJA BAMNEJPUNTU : FOLLOW UP STUDY OF ADOLESCENTS ATTENDED
PSYCHIATRIC OUTPATIENT CLINIC AT SOMDET CHAOPRAYA HOSPITAL.

THESIS ADVISOR : ASSOC. PROF DUANGJAI KASANTIKUL, M.D. 107 pp.
ISBN 974-584-823-9

The objective of this research is to study the outcome of treatment and factors affecting the severity of psychiatric symptoms and social adjustment. The subjects were 33 boys and 25 girls, age 15-21 (mean = 19.1). The instrument were Brief Psychiatric Rating Scale, with reliability value of 0.88 and Social Adjustment Scale, with reliability value of 0.91. The results of the study showed that 43 % of the patients had to be admitted into the hospital during the follow up. One-third of the schizophrenic group still had severe psychiatric symptoms. Regarding the social adjustment, almost half of them (48.3 %) were doing fair while one-third were doing well. In the non-schizophrenic group, all of them had mild psychiatric symptoms and most (79 %) had good social adjustment. Factors positively influencing the outcome were female sex, having no problem in the family, relatives take good care of the patients, non-schizophrenic psychiatric illness, acute symptom onset, ability to school or work and good premorbid social adjustment. The symptom severity and social adjustment in the patients with or without those factors were significantly different at $p = 0.05$.