

C386228 : MAJOR NURSING ADMINISTRATION

KEY WORD: ELDERLY PERSON / LIFE SATISFACTION / GROUP COUNSELING

VARUNYA KOOMPHATI, "Lt." : EFFECTS OF GROUP COUNSELING ON LIFE SATISFACTION OF THE ELDERLY PERSON. THESIS ADVISOR : ASSO. PROF. JINTANA YUNIBHAND, Ph. D. 151 pp. ISBN 974-584-897-2

The purposes of this quasi-experimental research were to study the effects of group counseling on life satisfaction of the elderly person, and to compare life satisfaction of the elderly person who had participated and had not participated in group counseling. Research samples consisted of 42 elderly person. These samples were assigned into two experimental group and a control group by matched pair technique. The experimental group had participated in group counseling, leaded by the researcher. Research instruments, developed by the researcher, were the plan of group counseling and a Life Satisfaction questionnaire. These tools were developed by the researcher and tested for the validity by a group of 10 experts. The reliability of the latter tool was.70.

Major findings were as follows :-

1. The mean score of each aspect: mood tone, zest for life, congruence between desired and achieved goals, resolution and fortitude and total life satisfaction of the elderly person after participating in group counseling were statistically significant higher than before participating in group counseling, at the .05 level.

2. The mean score of total life satisfaction of the elderly person, after the experiment, in control group were statistically significant higher than before experiment, at the .05 level. However, there were no significant difference between the mean scores of life satisfaction in each aspects.

3. The mean of gain scores between life satisfaction of the elderly person after the experiment in experiment group was statistically significant higher than that of control group, at the .05 level.