

C643093 : MAJOR COUNSELING PSYCHOLOGY

KEY WORD: ROGERIAN INDIVIDUAL COUNSELING / COPING WITH STRESS / MOTHERS OF THALASSEMIC CHILDREN

JEW CHOWTHAWORN : EFFECTS OF ROGERIAN INDIVIDUAL COUNSELING ON COPING WITH STRESS OF MOTHERS OF THALASSEMIC CHILDREN.

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The purpose of this research was to study the effects of Rogerian individual counseling on coping with stress of mothers of Thalassemic children. The hypotheses were that (1) the posttest scores on the confrontive coping strategies and palliative or passive coping strategies of the experimental group would be higher than its pretest scores and the posttest scores of the control group. (2) the posttest scores on the emotive coping strategies of the experimental group would be lower than its pretest scores and the posttest scores of the control group. The research design was the pretest-posttest control group design. The sample comprised of 24 mothers of Thalassemic children selected from those who scored below mid point on the confrontive coping strategies and palliative or passive coping strategies and scored above mid point on the emotive coping strategies. They were assigned to the experimental group, and the control group, each group comprising 12 persons. The experimental group received approximately one hour of Rogerian individual counseling , 2 times per week for three consecutive weeks, altogether for 6 hours. The instrument used in this study was the Coping Interview developed from the Jalowiec Coping Scale which translated into Thai by Nitaya Suthayakorn. The t-test was utilized for data analysis.

The results indicate that :

(1) The posttest scores on the confrontive coping strategies and palliative or passive coping strategies of the experimental group are higher than its pretest scores and the posttest scores of the control group at .05 level of significance.

(2) The posttest scores on the emotive coping strategies of the experimental group are lower than its pretest scores and the posttest scores of the control group at .05 level of significance.

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