

## C742514 : MAJOR COUNSELING PSYCHOLOGY

KEY WORD : GROUP REALITY THERAPY/ SELF-CONTROL/ DRUG ADDICTION

JONGRAK INSAVEK : EFFECTS OF GROUP REALITY THERAPY ON INCREASING DEGREE OF SELF-CONTROL AND DECREASING THE DRUG ADDICTION RECIDIVISM OF THE PATIENTS DURING DETOXIFICATION PERIOD. THESIS ADVISOR : ASSO. PROF. SUPAPAN KOTRAJARAS, M. S. 200 pp. ISBN 974-636-406-5

The purpose of this research was to study the effects of group reality therapy on increasing degree of self-control and decreasing the drug addiction recidivism of the patients during detoxification period. The hypotheses were that (1) the posttest score on self-control of the experimental group would be higher than its pretest score. (2) the posttest score on self control of the experimental group would be higher than the posttest score of the control group. (3) During the follow-up period, the experimental group would have numbers of drug addiction recidivism lower than the control group. The research design was the pretest-posttest control group design. The sample was 20 patients during detoxification period in Thanyarak Hospital who scored one standard deviation below the mean on self control. The sample was randomly assigned to an experimental group and a control group, each group comprising 10 patients. The experimental group participated in group reality therapy for 10 sessions for two hours three to four times a week over a period of 3 weeks altogether which made approximately 20 hours. The instrument used in this study was the Self-Control Schedule developed from Rosenbaum's Self-Control Schedule. The t-test and the Chi-square test were used for data analysis.

The results indicated that

1. The posttest score on self control of the experimental group was higher than its pretest score at .01 level of significance.
2. The posttest score on self control of the experimental group was higher than the posttest score of the control group at .01 level of significance.
3. During the follow-up period, numbers of drug addiction recidivism of the experimental group were lower than the control group at .01 level of significance.

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