

Title : EFFECTS OF THE SELF-CONCEPT PRACTICE OF FIRST YEAR STUDENTS AT SILPARKORN UNIVERSITY BY SENSITIVITY TRAINING

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The purposes of this study were to compare the Self-concept of students with and without Sensitivity Training. Test subjects were the first year undergraduate students of Silparkorn University Snarmjan Campus Nakorn Pathom. By using Simple Random Sampling, 20 students were divided to be 10 of control group and 10 of experimental group. The experimental group was given 14 sessions: of Sensitivity Training within 2 weeks, Each sessions used 1 hour. The control group had no special activity. Study tool were Sensitivity Training program and Self-concept interpersonal test. Statistic T-test mean standard deviation was used for data analysis. The results were the following:

1. Students after having Sensitivity Training program scored mean everage of self-concept significance higher than students without Sensitivity Traning program at .05 confidence level.
2. Mean everage of Self-concept of students after having Sensitivity Training program was significantly higher than before giving the Sensitivity Training programs at .05 confidence level.