

THESIS TITLE : ACHIEVEMENT MOTIVATION AND ATTITUDE TOWARDS
EXERCISE OF PROFESSIONAL THAI BOXERS

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ABSTRACT

The purpose of the present survey research was to examine the achievement motivation and attitude towards physical exercise of professional thai boxers. The Sample in this study were all the 194 Professional Thai Boxers - Champions and runners-up - of every Wiegth category and rank who had been classified by either Lumpini Boxing Stadium and Ratchadamnern Boxing Stadium in Bangkok. during the month of December 1997. Instrument used to undertake this research comprised of Wachara Khampheng's Achievement Motivation Measurement Scales (1994) Which had a reliability Value of .74 and Weerapon Chuntima's Attitude Scales (1997) for Attitude towards physical exercise Which had a reliability Value of .86. The Statistics employed in the analysis of the data collected included percentaged, arithmetic mean, standard deviation, the Pearson Product - Moment Correlation and t-test.

The results showed that :

1. Professional Thai boxers had a “high” degree of achievement motivation.
2. Professional Thai boxers had a “good” degree of attitude towards physical exercise.
3. Thai Boxers’s at Lumpini and Ratchadamnern Stadium had no significant difference in their achievement motivation.
4. Thai Boxers’s at Lumpini and Ratchadamnern Stadium had no significant difference in their attitude towards physical exercise.
5. High - ranking boxers and low - ranking boxers had no significant difference in their achievement motivation.
6. High - ranking boxers and low - ranking boxers had no significant difference in their attitude towards physical exercise.
7. The achievement motivation and attitude towards physical exercise of Professional Thai boxers had a “moderate” degree of relationship ($r = .49$) at the .05 level of significant.