

THESIS TITLE : SELF – CARE BEHAVIORS OF POSTPARTUM MOTHERS WITH HIV
INFECTION

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ABSTRACT

This descriptive research was to investigate the self - care behaviors and problem or obstrucles for self - care behaviors of postpartum mothers with HIV infection. Subjects selected according to criteria, were 60 mothers with HIV infection who came to follow up after postpartum period at General Hospital and Community Hospital in Mahasarakham Province and Roi-ed Province during 10 July to 15 October 1998. The research instrument was interview which questionnaires comprising of two main parts, demographic data and self - care behaviors and problem or obstrucles for self - care behaviors which modified from Orem's (1991).The contents validity was examined by six experts. The Cronbach's alpha coefficient was used to test the reliability which was found to be 0.89. Data were analyzed using frequency, percentage, arithmetic means and standard deviation.

developmental task ($\bar{X}=4.36$ S.D.=.45), caring and maintenance of good health ($\bar{X}=3.93$ S.D.=.33) , health deviation($\bar{X}=3.68$ S.D.=.45), in which the moderate level were self - esteem ($\bar{X}=3.60$ S.D.=.41) and stress management ($\bar{X}=3.39$ S.D.=.42)

2. Problems or obstacles for self-care behaviors of postpartum mothers with HIV infection was summarized as follows: Self-care behavior of caring and maintenance of good health. a.)Concerning self-care behavior of food, water, air consumption, excretion,relaxation and social interaction, it was found that the problems or obstacles were the lack of knowledge, inappropriate of time in habitual practice and no breast feeding. b.) Concerning self-care behavior of prevention the spread of HIV and prevention of ,infections, it was found that the problem or obstacles was agriculture environment. Concerning self-care behavior of mother's developmental task, it was found that the problem or obstacles was the lack of husband support. Concerning self-care behavior of self-esteem, it was found that the problems or obstacles were incorrect perception of disease and afraid of keeping confidence. Concerning self-care behavior of stress management, it was found that the problem or obstacles were lack of resource support, incorrect perception of disease and afraid of keeping confidence. Concerning self-care behavior of health deviation, it was found that the problem or obstacles were the incorrect perception of disease and health condition, child raring and afraid of keeping confidence.