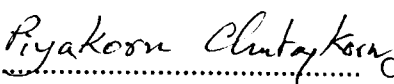



THESIS TITLE : EFFECT OF SUPPORT GROUP TO SELF ESTEEM AND SELF  
CONFIDENCE ON SINGLE MOTHERS

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#### ABSTRACT

This study was a quasi-experimental research study. The purpose was to determine the effect of support group to self esteem and self confidence on single mothers. Coopersmith's self esteem, Yoder and Proctor's self confidence and Yalom's curative factor's were used as the conceptual framework. The samples included 24 single mothers who are living at Nonmoung Village, Muang District, Khon Kaen. The subjects were divided into 2 groups, experimental and control by randomization. Each group consisted of 12 subjects. The research instruments were Coopersmith's Self esteem's scale which had the reliability of 0.80 and Self confidence behavioral scale was validated by 5 experts and it had the reliability of 0.79. The experimental group participated in a 90 minutes support group once a week for six weeks, which the researcher was the group leader. The control group was home visited twice during study time. Data was collected during January-April 1998. Statistics used in this study were  $\chi^2$ , t-test and content analysis.

The results of this study were concluded as follows :

1. Single mothers who participated in support group had higher scores on self esteem significantly than those who did not at 0.01.

2. Single mothers who participated in support group had higher scores on self confidence significantly than those who did not at 0.01.

The results of this study was also found that the first rank of curative factors were instillation of hope, and universality, and the third rank were development of socializing technique and group cohesiveness, respectively.