

THESIS TITLE : A COMPARATIVE STUDY OF ANXIETY BETWEEN TEACHERS WITH
AND WITHOUT PRE - RETIREMENT PREPARATION

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ABSTRACT

The objectives of this research were (1) to study the correlation between pre-retirement preparation and the anxiety of the teachers pre-retirement and (2) to compare the anxiety of the teachers with and without pre-retirement preparation categorized by sex, age, marital-status, educational background, income and health.

The subjects were the pre-retirement teachers age ranges from 55-59 years old who work under the jurisdiction of the Official of Elementary, the Secondary Education Department, the Vocational Education Department and the Non-Formal Education Department in Chaiyaphum province. The 152 subjects were selected by using Simple Random Sampling and then randomly assigned 76 teachers into experimental group and the other 76 teachers into control group. The experimental group subjects were trained regarding pre-retirement preparation at Lertnimitr Hotel, Chaiyaphum province while the control group subjects were not.

The instruments were (1) The pre-retirement preparations' questionnaire developed by Chorthip Bunyanan (1991) which studied

about the difference of teachers' anxiety between one who had pre-retirement preparation and those who didn't and (2) the retirement teachers' anxiety questionnaire which developed by the researcher based on Psychoanalytic Theory, Humanistic Theory, Learning Theory and Self-Assertiveness Theory.

The statistics used for analyzing data were frequency, percentage, Pearson's Product Moment Correlation Coefficient, Two-Way Analysis of Variance and Scheffe's method.

The results of the research were :

1. There were significant negative relationship between pre-retirement preparation and anxiety.
2. There were significant differences between anxiety of the one with pre-retirement preparation had less anxiety than those without it.
3. There were significant differences between anxiety of the married teachers showed less anxiety than widow, divorce and separated teachers.
4. There were significant differences between anxiety of the teachers who had income 10,001-15,000 baht, 15,001-20,000 baht and 20,001-25,000 baht per month had less anxiety than those who got salary 5,000-10,000 baht per month.
5. There were significant differences between anxiety of the unhealthy teachers had more anxiety than the very healthy, rather good, fair health and sickly one.
6. There were no significant differences between anxiety of scores according to sex, age and educational background.
7. There were significant differences between anxiety of pre-retirement preparation levels and other independent variables as marital-status, health and income.