

Thesis Title : Development of Nursing Standards for Rehabilitation  
in Patient with Coronary Heart Disease

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**Abstract**

The study was carried out for the purposes of developing a standard of nursing care for rehabilitation in patient with coronary heart disease. Nursing process was being used in the development of nursing standards and the content validity was examined by eighteen specialists by the Delphi technique. As a result, three standards of nursing care for rehabilitation in patient with coronary heart disease were obtained, each of nursing standards composed of nursing activities and the expected outcome of patients after receiving such care as outlined in the developed standards. The three standards are as follow :-

Standard 1 The patient is ready in physical health for rehabilitation

Standard 2 The patient is ready in mentality for rehabilitation

Standard 3 The patient is knowledgeable for rehabilitation

The developed nursing standards were sent to thirty-six experts in several hospitals for their feedback and comments of the feasibility and practicability in applying these standards to the patients. The results of the survey showed that most of nursing activities were applicable in <sup>the</sup> hospital under the ministry of university affairs, regional hospitals as well as rural hospitals under the ministry of public health and <sup>the</sup> hospital under the church of christ in Thailand. Some of nursing activities were inapplicable due to the structural problems in each hospitals such as policy, inadequate personnel and instruments. Most of expected outcome of the patients after receiving the developed nursing standard were satisfactory.