

C841158 : MAJOR EARLY CHILDHOOD EDUCATION

KEY WORD: PARENT EDUCATION PROGRAM/PRESCHOOL CHILDREN/ PHYSICAL DEVELOPMENT/ PARTICIPATORY RURAL APPRAISAL MODEL

JENJIRA KONGSUK : A DEVELOPMENT OF PARENT EDUCATIONAL PROGRAM FOR FOSTERING PRESCHOOL CHILDREN'S PHYSICAL DEVELOPMENT USING PARTICIPATORY RURAL APPRAISAL MODEL. THESIS ADVISOR : SARINTHORN VIDHAYASIRINUN, Ph.D. 249 pp. ISBN 974 - 639 - 170 - 4

This purpose of the research was to develop a parent educational program for fostering preschool children's physical development using participatory rural appraisal model.

The subjects were 8 parents of 3-6 years old preschool children in Nong-Gok village, the 4 th village cluster, Pattana district, Amphoe Pompin, Changwat Nakhon Si Thammarat in B.E. 2540.

The research findings were as follows :

1. The developed program was a guideline to provide experiences for rural parents to practice thinking skills and organize various community as knowledge. The program consisted of principle, definition, objectives, contents, procedures, user, media and program evaluation. The program user could be a teacher, health care worker or community development personnal in governmental or nongovernmental sectors. The procedures consisted of 2 phases, namely phase 1 preparation and phase 2 providing activities. The program media were (1) a manual for program implementation , (2) a manual on promotion of physical development in preschool children.

2. The field testing results were the subjects chose the problem on oral hygiene of their children to solve in the program. Moreover, after the field testing, the subjects had changed their patterns of promoting their preschool children's physical development as follows :

2.1 Children's tooth brushing. The subjects had changed their behavioral patterns from not following - up and supervising the children's tooth brushing or doing inconsistently to following - up and supervising closely and consistently, including modeling for their children.

2.2 Eating nutrient food. The subject had changed their behavioral patterns from letting their children buy and eat junk food as they liked to buying nutrient food for their children and closely supervising thier children in buying and eating food, including modeling for thier children.

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