

ABSTRACT

Thesis Title : Need for Exercises of Personnel of The Sports
Authority of Thailand

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Advisor Committee :

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The purpose of this research was to study need for Exercises of Personnel of The Sports Authority of Thailand with compurison between in the capital and the provincials. The samples are personnel of The Sports Authority of Thailand both in the capital and the provincials. The resisrcher provided 300 quesioniars which 290 were returned (96.67 percent). The data was analised by using means, standard deviation and t-test.

The findings of the study were as follows. The need for Phisical Exercise of Personnel of the Sports Authority of Thailand is high and the difference between the capital and the provincials is .05 of statistic significant.