

ABSTRACT

Thesis Title : Leisure time use through Exercises of Primary School
: Students in Lad Krabang District Bangkok Metropolis
Student's Name : Mr. Aumpon Namkang ngam
Degree Sought : Master of Education
Major : Physical Education Academic Year 1997
Advisory Committee :1. Assoc.Prof. Sumeth Keawprag Chairperson
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The purpose of this study was to find out the students means of leisure time use through exercises and to compare the means of leisure time use through exercises of students at the Primary School in Lad Krabang District, Bangkok Metropolis. The data were collected for students' sex and learning levels of P.4 P.5 and P.6 by the researcher constructed questionnaires. The researcher provided 952 questionnaires which 952 were returned (100 percent). The data was analysed by using Percentage, means, standard deviation, t-test and F-test.

The finding of the study were as follows : Most students spent their leisure time use through exercises between 07.00-08.00 am. Male students were most interested in football and female students had their most interested in swimming. These research also found that students did not have enough places to do their exercises did not have enough equipments and the faced their private problems of having burden in studying. There were significant differences between both male and female students concerning the need for places, equipments and facilities at .01 level but no significant differences among P. 4, P. 5 and P.6 students.